



## the "Teach a Friend to Knit" Scarf (or the "Red Scarf Project" Scarf)



by Sandra Singh

Sandrasingh.com is dedicated to helping others transform their creative inspirations into beautiful realities. And I want you to help me celebrate this joy and commitment by teaching a loved one to knit. Giving the gift of knitting is very generous; you're giving a loved one a way to relax and expand their mind while

teaching them how create unique and beautiful garments. They can knit for themselves, create items for their loved ones or even charities. All because of you!

**the “Teach a Friend to Knit” Scarf** is very easy and based on a knit 2, purl 2 stitch pattern. I'm not claiming to have written this pattern, knit 2, purl 2 is as basic as it gets. What I am writing here is a basic guide to help you spread your love of knitting! You can teach a newbie how to cast on, knit, purl and cast off following this simple pattern and they'll be able to create a scarf that is reversible, allows them to explore yarn textures, weights and colorways and they can enjoy showing off & wearing!

Skill Level: Beginner

Approximate Size: 4" wide x 48" long

Yarn: 1-2 skeins Sandrasingh.com **1 Ply Merino Worsted** (215 yards/100 grams, 100% Uruguayan Merino Wool)

Needles: US 7 (4.5mm)

Gauge: Not Critical

**Pattern Notes:** Knit this scarf as long, short or as wide as you desire. For a wider scarf, or if you're using a thinner weight yarn, simply add stitches in multiples of two. You can easily knit it in any weight yarn simply adjust your needle size, smaller needles for lace, sock, sport or DK weight yarns and larger needles for worsted or bulky weights. Though gauge is not critical I do recommend doing a swatch to help you determine a gauge and needle size that you like.

### **Pattern**

Loosely Cast On 30 stitches

K2, P2 until desired length, Cast Off in pattern.

Gently Block

If you're going to be teaching yourself to knit, bravo, it's very doable and the website Knittinghelp.com offers a range of "how to" videos to help you every step of the way. I recommend beginning with their [How to Knit: A Complete Introduction for Beginners Part 1](#).

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### **Pattern Support**

For pattern support please contact [Sandrasingh@sandrasingh.com](mailto:Sandrasingh@sandrasingh.com)

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